



INSTITUTO NACIONAL DE CIÊNCIA E TECNOLOGIA

A Support System for Diagnosis of Dementia, Alzheimer or Mild Cognitive Impairment

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Introduction

- Population aging has occurred as a global phenomenon.
- In 2020, Brazilian population aged 60 years old and over will be beyond 32 million.
- In Canada, the number of seniors aged 65 and over increased
 14.1% between. This rate of growth was higher than all others
 segments (The Canadian Population: Age and Sex Statistic Canada).
- High prevalence of diseases related to aging.

What Is Dementia?

- Dementia is a general term for a decline in mental ability severe enough to interfere with daily life (Memory loss is an example).
- Dementia symptoms gradually worsen.

• Early dementia detection and treatment allows better clinical results.

Alzheimer's and dementia basics

- Alzheimer's is the most common type of dementia (60 to 80 % of cases) .
- Others are vascular dementia, front temporal dementia, etc.
- By 2025, the number of elderly people with Alzheimer's disease is estimated to reach **6.7 millions** .
- Up to 5% of people with the disease have **early onset** of Alzheimer's (it often appears when someone is in 40s or 50s).

Alzheimer's is progressive disease

It is the **sixth** leading cause of **death** in the **United States**.

Those with Alzheimer's live an average of **8 years after symptoms become noticeable**, but survival can range from 4 to 20 years.

Although current Alzheimer's treatments cannot stop progressing, they can temporarily **slow the worsening** of dementia symptoms and **improve quality of life**.

7 Stages of Alzheimer's

Stage 1: No impairment (normal function)

Stage 2: Very mild decline (only the person may feel symptoms).

Stage 3: Mild decline (Friends, family or co-workers begin to notice difficulties)

Stage 4: Moderate decline (medical interview should be able to detect)

Stage 5: Moderately severe decline (begin to need help with day-to-day activities) Stage 6: Severe decline (personality changes may take place and individuals need extensive help with daily activities)

Stage 7: Very severe decline (individuals lose the ability to respond to their environment, to carry on a conversation and, eventually, to control movement, need help with daily personal care, lose the ability to smile, to sit without support and to hold their heads up. Reflexes become abnormal. Muscles grow rigid. Swallowing impaired.)

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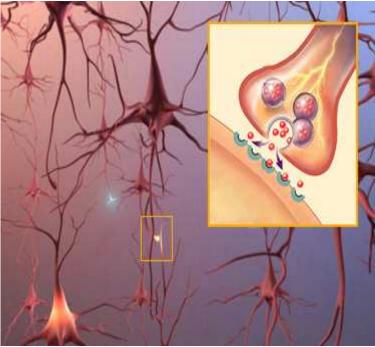
Neurons are the chief type of cell destroyed by Alzheimer's disease

Signals that form memories and thoughts move through nerve cell as electric charge.

Nerve cells connect to one another at **synapses**. When a charge reaches a synapse, it bursts destroying neurotransmitters.

Alzheimer's disease disrupts both the way electrical charges travel within cells and the activity of neurotransmitters.





The **positron emission tomography** (PET) scan shows typical patterns of brain activity associated with

oxygen and fuel carry by blood.

Reading words

Thinking about words

Hearing words

Saying words

The normal patterns change when Alzheimer's disease or a related disorder disrupts nerve cells and their connections .

Alzheimer's disease leads to nerve cell death and tissue loss throughout the brain.

 Over time, the brain shrinks dramatically, affecting nearly all its functions

<u>A normal brain</u>

A brain with advanced Alzheimer's





two brains merged

Alzheimer's brain:

The <u>cortex shrivels up</u>, damaging areas involved in **thinking, planning and remembering**.

Ventricles (fluid-filled spaces within the brain) grow larger.

> Shrinkage is especially severe in the hippocampus (an area of the cortex that plays a key role in formation of new memories)

healthy

brain

advanced

alzheimer's

What **causes** cell death and tissue loss in the Alzheimer's brain are **yet not well known**, but plaques and tangles are prime suspects.

- Alzheimer's tissue has fewer nerve cells and synapses than a healthy brain.
- Plaques, abnormal clusters of protein fragments, build up between nerve cells.

Dead and dying nerve cells

contain tangles, which are made up of twisted strands of proteins.



Plaques and tangles tend to spread through the cortex as Alzheimer's disease progresses.

The rate of progression varies greatly.

The course of the disease depends in part on age at diagnosis (+ treatments) and whether a person has other health conditions. <u>Earliest</u> <u>Alzheimer's</u> - 20 years or more before diagnosis.

Mild to moderate Alzheimer's stages





Severe Alzheimer's

Definition

 Clinical Decision Support Systems (CDSS) are interactive Computer software designed to assist health professionals in determining diagnosis from all of patient data at the point of care.

 In CDSS, characteristics of individual patients are matched to a knowledge base and an algorithm generates patient-specific assessments and recommendations.

Objective

 This work describes a CDSS for diagnosis of dementia and related disorder (as Alzheimer's Disease - AD and Mild Cognitive Impairment – MCI).

- Proper disease identification;
- Prevention of diagnostic error and diagnostic error rate;
- Delay in detection; and
- Improvement of clinical decision.

Importance

- The most commonly used criteria for diagnoses were established by DSM-IV (Diagnostic and Statistical Manual for Mental Disorders 4th edition) published by American Psychiatric Association
- For such diseases there is no single test to prove a person has Alzheimer's or other types of dementia. Diagnosing these requires careful medical evaluation, including:
 - Medical history (physician)
 - Mental status tests (psychology)
 - A physical and neurological exam (medical doctors)
 - Clinics and Laboratorial tests (such as blood tests and brain imaging) to rule out other causes of dementia-like symptoms.

Alois Alzheimer (1864–1915)



Former works:

- 1984: MCKHANN, G. et al. Clinical diagnosis of Alzheimer's disease: Report of the NINCDS-ADRDA (National Institute of Neurological and Communicative Disorders and Stroke - Alzheimer's Disease and Related Disorders Association).
- 2007: DUBOIS, B. et al. Research criteria for the diagnosis of Alzheimer's Disease: revising the NINCDS-ADRDA criteria.
- 2011: MCKHANN, G. M. et al. The diagnosis of dementia due to Alzheimer's disease: Recommendations from the National Institute on Aging and the Alzheimer's Association workgroup.

Some criteria used for diagnosis

Dementia AD MCI

• Decrease c	ognitive activities
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- Smelling deficiency
- · Difficulties with new information
- Difficulties with complex work
- Difficulties with space and visual recognitions
- Difficulties with remembering names
- Behavior changes
- Neuropsychological tests
- Alteration of the biomarkers
- Hippocampus atrophy

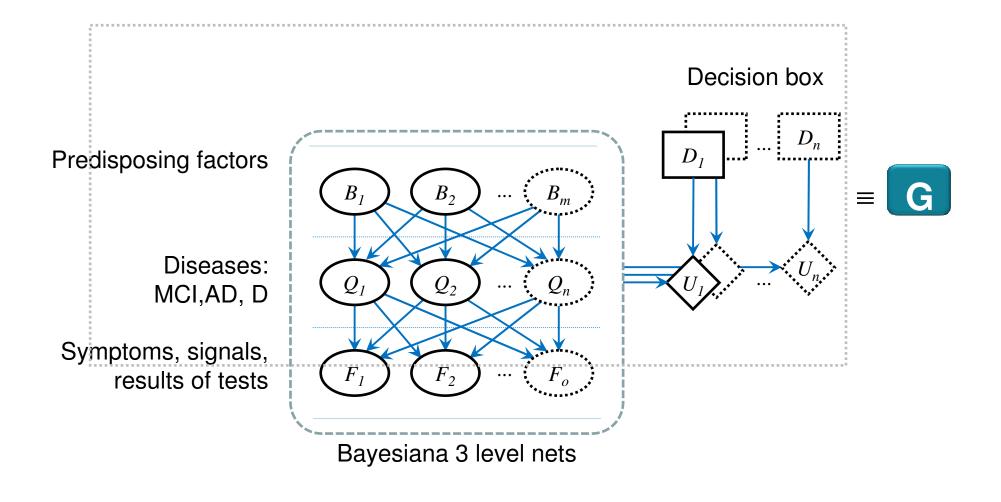
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• History of AD in relatives

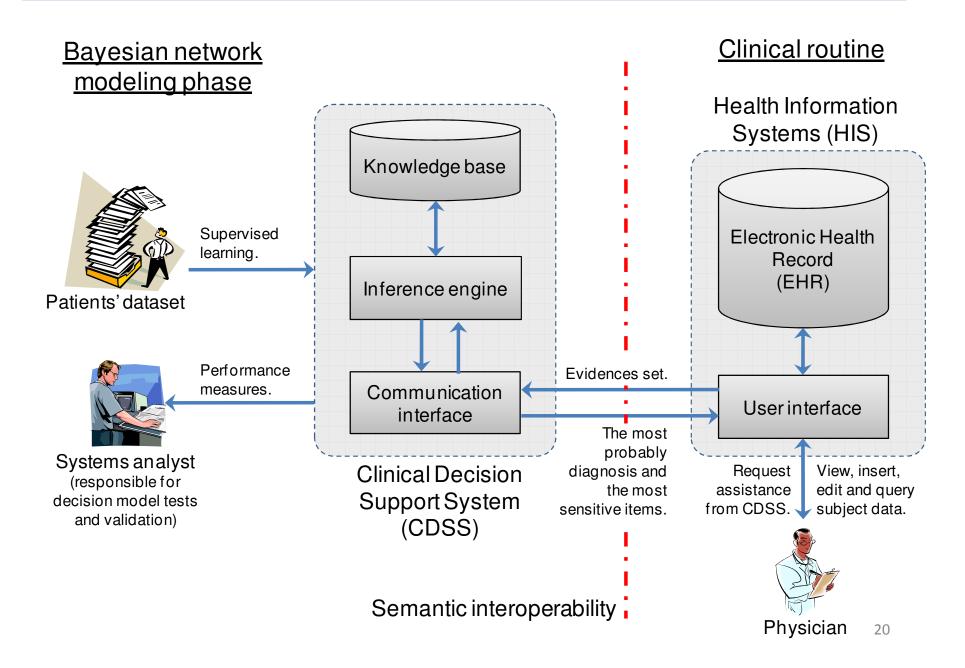
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- The decision theoretic model was built on a Bayesian network using a data-driven approach.
- The Bayesian network structure was built with the support of a disease domain expert and a three-level generic structure.
- Probability distribution was estimated using a supervised learning method and a training base containing real patient cases and normal controls.
- The training attributes are composed of predisposal factors, neuropsychiatry tests, patient data, symptoms and signs.

Used Bayesian network



Clinical Decision Support System components

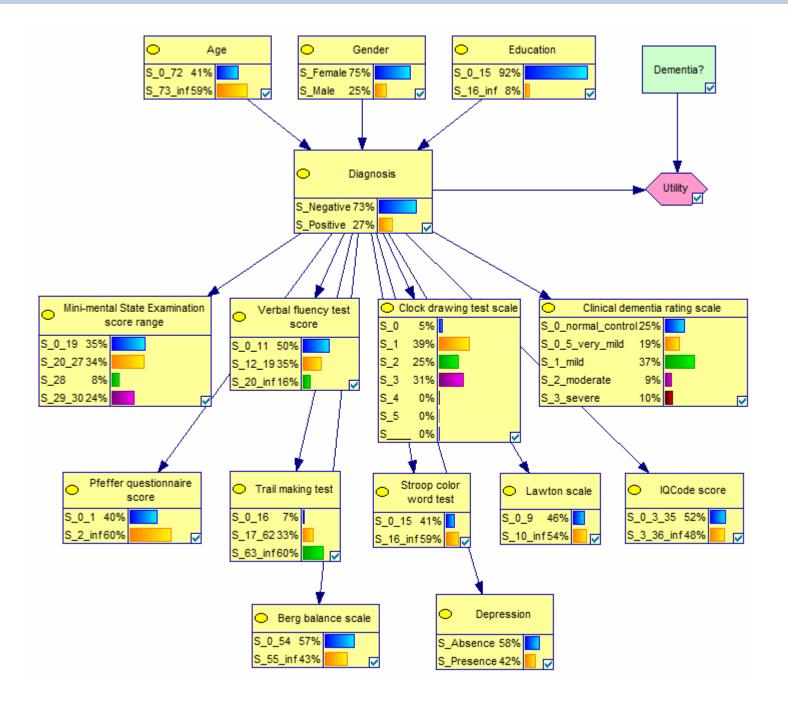


The training database

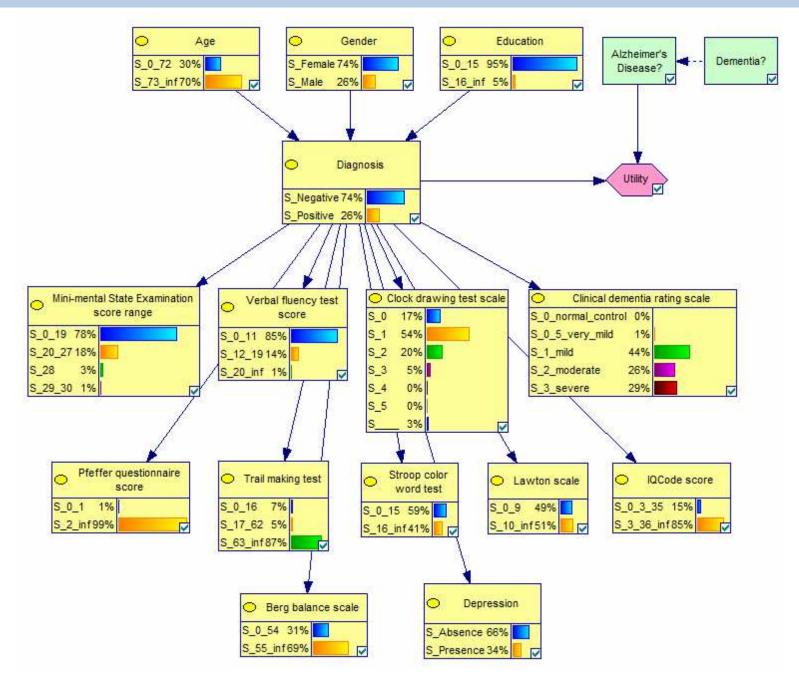
- Real clinical cases of patients and normal controls from:
 - Duke University Medical Center (USA)
 - +
 - Center for Alzheimer Disease and Related Disorder, Institute of Psychiatric of Federal University of Rio de Janeiro (Rio de Janeiro, Brazil).

Approval of the "Comissão Nacional de Ética em Pesquisa" Brazilian Ministry of Health nº 284/2010.

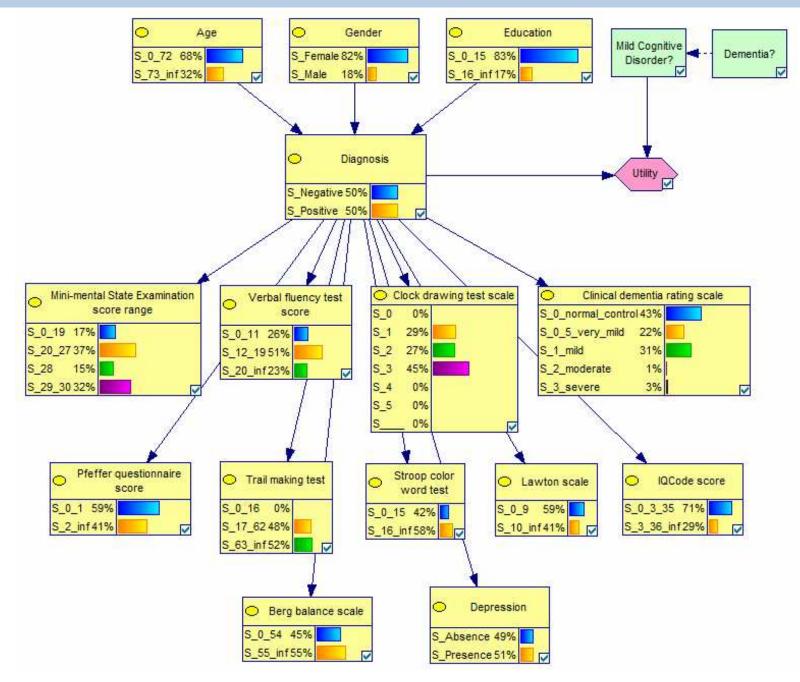
Bayesian network for diagnosis of Dementia



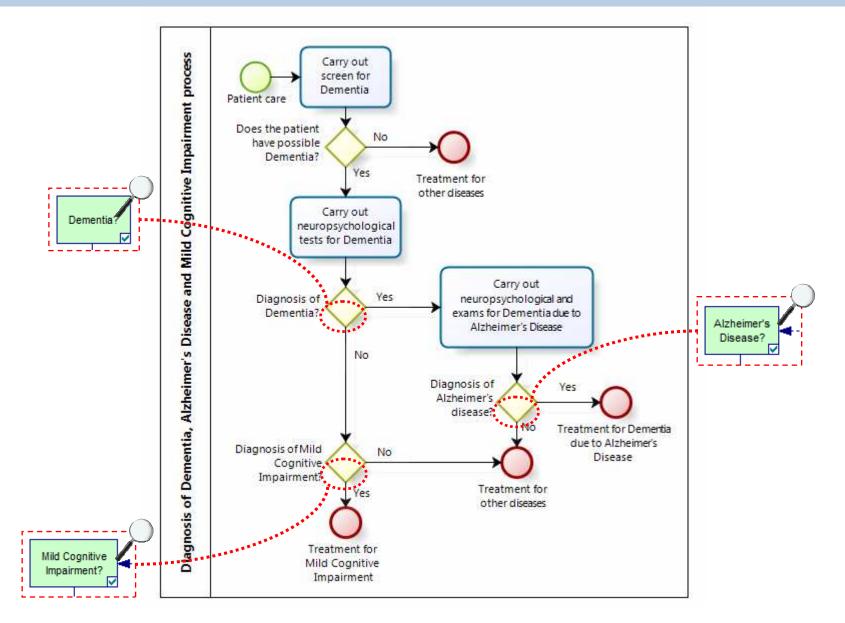
Bayesian network for diagnosis of Alzheimer's Disease

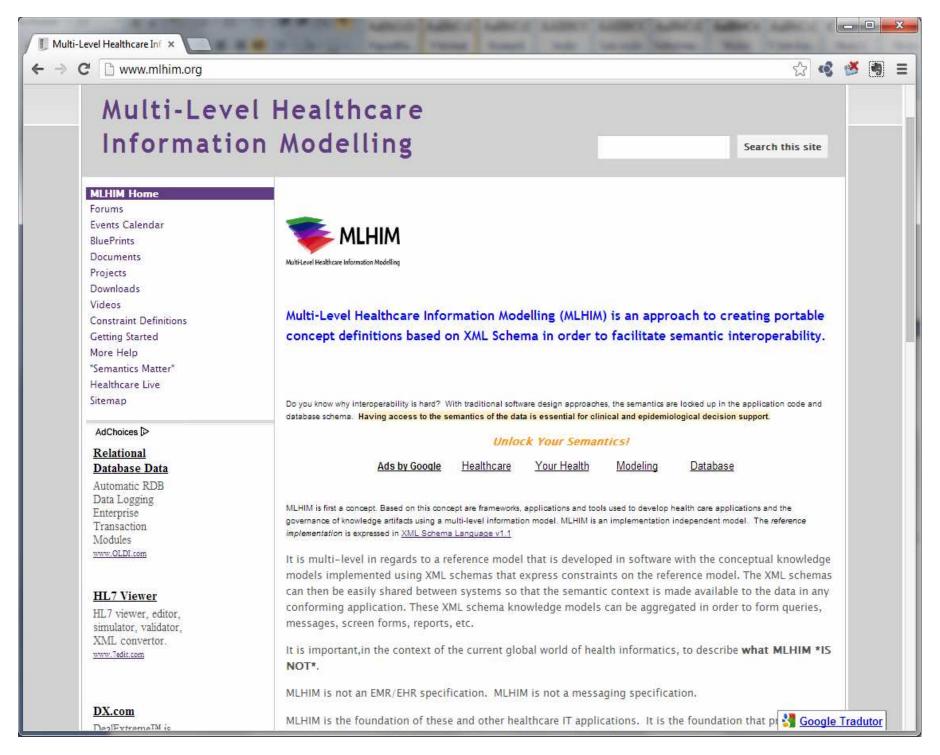


Bayesian network for diagnosis of Mild Cognitive Impairment

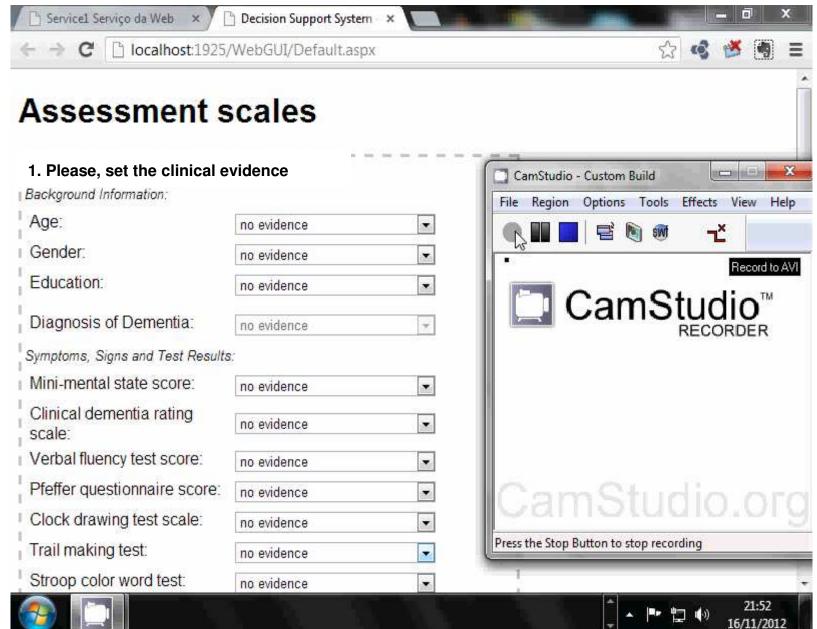


Relationship between decision points considering diagnostic process

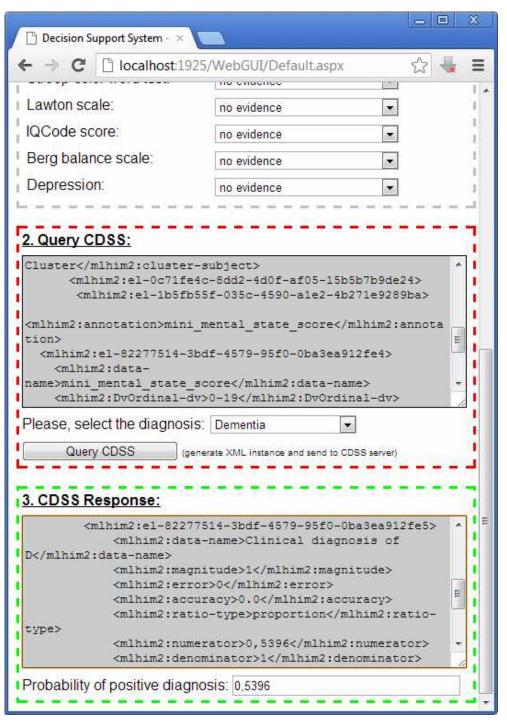




Interface



Interface



	Decision Support System - ×	<u> </u>	
	← → C 🗋 localhost:1925/WebGUI/Default.aspx 🎲	🖲 🔹 🗉	
Interface	Assessment scales 1. Please, set the clinical evidence		
C	Background Information:		
(1	Age: 0-72	1 :	Selection of factor for the
	Gender: no evidence		patient.
	Education: no evidence		
	Diagnosis of Dementia:	1 1	
Ċ	Symptoms, Signs and Test Results.		
(2	Mini-mental state score: 20-27		
	Clinical dementia rating no evidence		
	Verbal fluency test score: no evidence		
	Pfeffer questionnaire score: no evidence]	Colortion of currenteme simple
	Clock drawing test scale: 1	1 !	 Selection of symptoms, signals, and results of tests
	Trail making test: no evidence	1 i	
	Stroop color word test: no evidence	1	
	Lawton scale: no evidence		
	IQCode score: no evidence	1	
	Berg balance scale: 0-54	1 ;	
	Depression: no evidence	1 i	
	2. Query CDSS:		
(3	Please, select the diagnosis: Alzheimer's Disease		Selection of diseases
	Query CDSS (generate XML instance and send to CDSS serve	A	
		′	
4	3. CDSS Response:	1	Results
	Probability of positive diagnosis:		
			J

Considerations:

- **TP:** Disease patients correctly classified as diseased;
- **TN:** Healthy patients correctly identified as diseased;
- FP: Healthy patients incorrectly classified as healthy;
- **FN:** Disease patients incorrectly identified as healthy.
- **Sensitivity:** *measures the proportion of positive cases which are correctly identified as positive;*
- **Specificity:** measures the proportion of negative cases which are correctly identified as negative;
- Accuracy: percentage of correct classification.
- Area under Receiver Operating Characteristic ROC curve : Sensitivity x (1- Specificity)
- *F1* measure

Cont.

Sensibility or True Positive Ratio:
$$TPR = \frac{TP}{TP + FN}$$

Specificity or True Negative Ratio : $TNR = \frac{TN}{TN + FP}$
Precision : $TP = \frac{TP}{TP + FP}$
 $F_1 = 2 \cdot \frac{Precision \cdot Recall}{Precision + Recall}$
 $MSE = \frac{1}{n} \sum_{i=1}^{n} [y_i - P(x = 1)]^2$
 $MXE = \frac{1}{n} \sum_{i=1}^{n} - y_i \cdot \log[P(x = 1)] - (1 - y_i) \cdot \log[1 - P(x = 1)]$

Results: Dementia

Performance measures and results obtained for each fold considering the proposed Bayesian network for Dementia (D)

Fold	AUC	F_1	TPR	TNR	TP	FP	TN	FN	MSE	MXE
1	0.93	0.89	0.91	0.63	41	6	10	4	0.11	0.20
2	0.94	0.93	0.93	0.82	42	3	14	3	0.09	0.18
3	0.91	0.94	0.98	0.71	44	5	12	1	0.09	0.21
4	0.89	0.89	0.89	0.71	40	5	12	5	0.15	0.32
Av	0.92	0.91	0.93	0.72	_	-	-	_	0.11	0.23
 (St)	(0.02)	(0.03)	(0.04)	(0.08)					(0.03)	(0.06)

^b Av (St) = average (standard deviation).Fold = sub set used for Cross Validation. AUC = area under ROC (Receiver Operating Characteristics), Best result = $1.F_1$ Best result = 1. TPR = Best result = 1. TNR Best result = 1. MSE Best result = 0 (zero). MXE Best result = 0 (zero).

Results: AD

Performance measures and results obtained for each fold considering the proposed Bayesian network for Alzheimer's disease (AD)

Fold	AUC	F_1	TPR	TNR	TP	FP	TN	FN	MSE	MXE
1	0.74	0.82	0.88	0.18	30	9	2	4	0.16	0.21
2	0.77	0.86	0.94	0.27	32	8	3	2	0.15	0.20
3	0.88	0.85	0.97	0.17	32	10	2	1	0.14	0.17
4	0.80	0.86	0.97	0.09	33	10	1	1	0.15	0.22
Av (St)		0.85 (0.02)	0.94 (0.04)	0.18 (0.07)	-	-	-	-	0.15 (0.01)	0.20 (0.02)

^b Av (St) = average (standard deviation).Fold = sub set used for Cross Validation. AUC = area under ROC (Receiver Operating Characteristics), Best result = $1.F_1$ Best result = 1. TPR = Best result =1. TNR Best result = 1. MSE Best result = 0 (zero). MXE Best result = 0 (zero).

Results : MCI

Performance measures and results obtained for each fold considering the proposed Bayesian network for mild cognitive impairment (MCI) ^b.

Fold	AUC	F_1	TPR	TNR	TP	FP	TN	FN	MSE	MXE
1	1.00	0.94	1.00	0.89	8	1	8	0	0.04	0.04
2	0.95	0.77	0.63	1.00	5	0	8	3	0.19	0.57
3	1.00	0.84	1.00	0.73	8	3	6	0	0.08	0.09
4	0.96	0.94	1.00	0.89	8	1	8	0	0.06	0.26
Av	0.98	0.87	0.91	0.86	-	_	_	_	0.09	0.24
(St)	(0.03)	(0.08)	(0.19)	(0.14)	-	-	-	-	(0.07)	(0.2)

^b Av (St) = average (standard deviation).Fold = sub set used for Cross Validation. AUC = area under ROC (Receiver Operating Characteristics), Best result = $1.F_1$ Best result = 1. TPR = Best result = 1. TNR Best result = 1. MSE Best result = 0 (zero). MXE Best result = 0 (zero).

Final remarks

- We have constructed the structure of Bayesian network, datadriven base of clinical cases.
- The patients are assisted by Center for Treatment of Alzheimer's (CDA), Federal University of Rio de Janeiro (UFRJ).
- The clinical concepts of Bayesian network are modeled using MLHIM (Multilevel Healthcare Information Model).
- The decision model is represented by a graphical diagram, which facilitates its ongoing review.
- Modeling of a network decision based on Bayesian network and influence diagram is feasible and consistent.
- As future work, we intend to improve the database of clinical cases.

Thank you!

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